

WINTERSET PUBLIC LIBRARY
August 13, 2018

For Teens & Adults:

Waiting for Good News: An Author Visit with Sally Wilke – Saturday, August 18, 10:30 a.m.

Sally Wilke gets it. She has lived with and through the serious chronic illness of someone she cared deeply about. And she has provided pastoral care to individuals and families in similar situations. "Waiting for Good News" captures her hard-won, helpful, and hope-filled wisdom. Join us as Sally shares her story and her recently released book "Waiting for Good News." Copies of the book will be available for purchase and autographing following her presentation.

Wilke organizes this book around seven questions that those who face serious illness often ask. From "What Is the Diagnosis" to "Where Do I Find More Help?" she accompanies readers on their own journey.

The heart of the book is the stories--Wilke's own, those of others who have struggled with severe illness, and accounts from the Bible. Here, readers will find strength, support, and a way forward in a difficult situation.

As practical as she is wise, Wilke offers tools, tips, ideas, and resources for reflection and for obtaining additional support. Chapters conclude with questions that may be used for personal reflection and discussion with family members, patients, and support groups.

Clergy, other pastoral-care providers, and family and friends of those who struggle with serious illness will find examples and helpful practices to guide their efforts as they partner with those seeking to find their way.

This program is free and open to the public; no registration is required.

Country Schools in Madison County – Tuesday, August 21, 6:30 p.m.

Ron Howell will discuss his findings on one-room country schools that existed from the 1850s to 1961 throughout Madison County. He will share his research from the last few years: locations of rural schools, collected pictures, and gathered data. He has stories and images to share and hopes that you bring yours, too! No registration required; this event is free and open to the public.

Book Discussion - Thursday, August 23, 7:00 pm – Lilac Girls by Martha Hall Kelly

New York socialite Caroline Ferriday has her hands full with her post at the French consulate and a new love on the horizon. But Caroline's world is forever changed when Hitler's army invades Poland in September 1939 – and then sets its sights on France.

An ocean away from Caroline, Kasia Kuzmerick, a Polish teenager, senses her carefree youth disappearing as she is drawn deeper into her role as courier for the underground resistance movement. In a tense atmosphere of watchful eyes and suspecting neighbors, one false move can have dire consequences.

For the ambitious young German doctor, Herta Oberheuser, an ad for a government medical position seems her ticket out of a desolate life. Once hired, though, she finds herself trapped in a male-dominated realm of Nazi secrets and power.

Leadership for the book group is provided by Rebecca Bock and Tom Brown. Join the conversation! New members are always welcome, and we supply copies of the book for you to check out. The program is free and open to the public.

Future book discussion titles include:

September 27 – I Know Why the Caged Bird Sings by Maya Angelou

October 25 – Before the Fall by Noah Hawley

November 29 – America's First Daughter by Stephanie Dray

December 20 – Being Mortal by Atul Gawande The Residence: Inside the Private World of the White House by Kate Andersen Brower

What's It Worth?: Antique Appraisal Event with Mark Moran – Friday, August 24, 5:00-8:00 p.m.

Author and appraiser Mark Moran will evaluate your personal items, as well as offer an educated appraisal* and history of your object. Mark is the author of over 25 antiques and collectibles books, and has appeared on PBS "Antiques Roadshow."

The event is free; limit one item per person. Registration is required; please call the library at 515-462-1731 to reserve your space.

Items allowed for appraisal: fine art, furniture, ceramics, glassware, metalware, advertising, folk art, toys, clocks, costume jewelry, vintage photography, books, musical instruments, sports memorabilia, and antique/vintage lighting of all kinds.

Items NOT allowed for appraisal: all weapons (including swords & knives), fine jewelry, gemstones, coins/paper money, traps, Nazi memorabilia, and Beanie Babies.

Home visits can be scheduled directly with Mark for a fee of \$75/hour. Email moranm1953@gmail.com directly to schedule a home visit.

*The opinions offered at this event are informal and not considered a certified appraisal for tax or insurance purposes.

Art of Hair Series: Styling with a Flat Iron – Monday, August 27, 6:00 p.m.

Rikki Kissell of Small Town Styles will be at Winterset Public Library for more Art of Hair classes this fall! Have you ever wanted to do more with your flat iron than just straighten your hair? This is the class for you. Rikki will be showing you how to curl your hair along with other fun tricks you can do with your flat iron. Please bring your own flat iron as this is an interactive class. Registration is required. Register online at goo.gl/Pm5Dvb or call the library at 515-462-1731.

Wellness Wednesday Lunch & Learn: Trust Your Gut: the Power of Probiotics, Wednesday, August 29, Noon-1:00 p.m.

Join us for an enlightening, educational discussion about the use and health effects of probiotics! We will explore the history of probiotics the different strands of probiotic bacteria on the market, the various health benefits of probiotics, and how to choose the right probiotic for your health needs. Presented by Dr. Brandon Gerleman, PharmD, Montross Pharmacy. Bring your lunch to this free program; the library will provide a light dessert.

Zen Rock Painting – Thursday, August 30, 6:30 p.m.

A quiet room, soothing music, simple painting with dots on smooth rocks....you need a night like this one! Registration is required; call 515-462-1731 or register online at goo.gl/tNRFBP .

World War I: the Great War – Monday, September 10, 6:30 p.m.

The First World War, from 1914-1918, was far from “great” in today’s usage of the word. The scale of death and destruction was never seen before, involving nations across the globe.

War Historian Michael Eckers, will lead a talk on the politics which led to the war, the unstoppable mobilization of armies that were set in motion, and the titanic battles that, together, wiped out an entire generation of men.

This event is free and open to the public. No registration is required.

Photography Workshop: Introduction to Ways of Seeing Our World and Capturing Images – Tuesday, September 11 & 18, 6:30-8:00 p.m.

Would you like to learn more about photography and how to take better photographs? This free photography workshop offered by Paul Meyer will cover topics on daily photography opportunities; any individual who is interested in capturing images will find something useful. No prior experience is required. Space is limited, so call the Library at 515-462-1731 or online at: goo.gl/jjnvSg .

Paul Meyer’s 30-year career in photography has taken him around the United States. He has shot hundreds of weddings in 17 state, photographed the changing Iowa landscape, and documented small town life. He has used just about every kind of image recording device and continues to use them regularly.

Wellness Wednesday Lunch & Learn: Apps for Health & Wellness, Wednesday, September 12, Noon-1:00 p.m.

Transform your smartphone and/or tablet into your personal health coach. From tracking your sleep to helping you grocery shop smarter, apps make it easy to keep a healthy lifestyle and visualize your progress. Library Director Jean Bosch will share information about using your device to get medical tips, have first aid at your fingertips, and find all of the motivation you need to achieve your health and fitness goals with these apps. Bring your device and your lunch to this free program; the library will provide a light dessert.

Art of Hair Series: Guys & Dolls – Monday, September 24, 6:00 p.m.

Rikki Kissell of Small Town Styles will be at Winterset Public Library for more Art of Hair classes this fall! If you are a guy with a little girl in your life, this class is for you. Rikki will be here to help guide male caregivers and parents through the art of ponytails and braids. She will also share some of her favorite tips and tricks for messy hair and have some fun hair products and accessories for you to try and take home. Registration is required – register ***both*** guys and daughters (or niece, granddaughter, etc.). Register online at goo.gl/Pm5Dvb or call the library at 515-462-1731.

Art of Hair Series: Braiding 2.0 – Monday, October 22, 6:00 p.m.

Rikki Kissell of Small Town Styles will be at Winterset Public Library for more Art of Hair classes this fall! This class is for those who have mastered French and Dutch braids and would like to learn how to do other fun braids like the fishtails, milkmaid braids, upside-down braids, and other fun

styles. Registration is required; register yourself and a partner to practice. Register online at goo.gl/Pm5Dvb or call the library at 515-462-1731.

Ongoing Program for Teens & Adults:

Community Coffee Group – every Friday, 9:00 a.m.

The Community Coffee Group meets on Friday mornings at 9:00 a.m. in the Library's Meeting Room. It is free and open to the public. Join us for a free cup of coffee and get caught up with others in our community through stories and conversation.

For Children and Families:

Story Time with Special Guest Miss Adonica – Wednesday, August 22, 10:30 a.m.

Join Miss Adonica from the Spotlight School of Dance with a rhythm and coordination adventure. Children explore dance basics for motor development and music narratives for creativity. Ribbons, hoops, and other props are used to explore spatial awareness and develop attention. A 30-minute magical journey. Join the fun!

Discovery Zone - Wednesday, August 22, 3:30-5:00 pm – Building

Children in grades Kindergarten through 3rd grade are welcome to join us for stories, snack, and STEAM activities (Science, Technology, Engineering, Art, Math) with the theme of "Building." Space is limited, so registration is required; please call 515-462-1731 or register online at: <https://goo.gl/5eZS2b>.

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Ongoing Weekly Youth Programs:

Tiny Tykes – every Tuesday, 10:30 am

Tiny Tykes is a 20-minute early literacy story time with interactive stories, songs, and gentle movements. Children ages birth-2 years old are welcome along with their favorite adult. Siblings are also welcome.

Story Time – every Wednesday, 10:30 am

During our 30-minute Story Time, children will discover books, songs, rhymes, and movement activities while building language and literacy skills and having fun. Children ages 3-5 will enjoy hearing stories, singing, practicing writing, talking, and playing!

Messy Munchkins – every Thursday, 10:30-11:30 am

This high-energy activity is a self-directed, multi-sensory play time that will engage child and caregiver through a variety of educational, social, and fun activities. Please dress accordingly as some activities will be messy! This is a drop-in activity - stay as little or as long as you like!