

WINTERSET PUBLIC LIBRARY

October 2, 2018

For Teens & Adults:

Heritage & Century Farm Programs - Tuesday, October 2, 7:00 p.m.

The Heritage and Century Farms Programs honor those families that have owned farmland for 150 and 100 years, respectively. A representative will explain the significance of the programs and the simple steps to honor your farming legacy. The Madison County Genealogical Society monthly business meeting will follow this presentation.

Wellness Wednesdays in Winterset –Walk Around the Clock – Wednesday, October 3, Noon-1 p.m.*

We saved the best for last! Join us for our last Walk Around the Clock of the season which is also our Healthiest State Initiative Annual Walk!

By participating in this Walk and sharing a photo on Facebook, Twitter, or Instagram (or all three), you could help Winterset win \$1,000 to use toward a future wellness project in our community!

Social Media Contest Details:

1. Post a photo of yourself or with friends walking on Facebook, Twitter, or Instagram
2. Use the hashtag #GetYourWalkOn2018
3. Tag the Healthiest State Initiative
4. Tag Wellness Wednesdays in Winterset

The more tagged posts we get, the better our chances of winning, so we need your participation! *Even if you can make it anytime during the day for just 30 minutes, join us - get your steps in, breathe some fresh air, and be sure to tag us in your photo!

Stay Independent: Health After Age 60

Fridays – October 5, 12, 19, & 26, 2:00-3:00 p.m.

Join us for a free, four-week nutrition and wellness series that provides information and tips to help you remain healthy and independent. Participants will learn about the fantastic health benefits of eating well and moving more, sample healthy, tasty, and low-cost recipes, and exchange ideas with peers to help meet health goals. All fitness equipment and food samples provided by the library and ISU Extension and Outreach in Madison County.

October 5: Three “Round” Meals a Day

October 12: Feast on Fruits & Vegetables

October 19: Power Up with Protein

October 26: Exercise Your Independence

Registration is required; please register online at goo.gl/wNdkbu or call the library at 515-462-1731 to reserve your space. Please attend as many sessions as you are available.

Plant Swap & Plant Sale – Saturday, October 6, 9:00 a.m.-Noon*

It's that time of year to divide your garden's crowded perennials and bulbs. Check out the great selection of plants, cuttings, bulbs, and houseplants - have a cup of coffee and visit with other local gardeners!

On Oct. 6, bring your plants, cuttings, houseplants & bulbs to the Library at 9:00 a.m. If you don't have time to pot your donations, no problem – just put them in a bag or wrap them in newspaper! *The Plant Swap begins at 9:30 a.m. and the Plant Sale runs from 10:00-12:00 with a free will offering for the Friends of the Library. Plant labels will be available along with plastic sacks to take your new items home. Happy dividing - your garden will love it!

Would you like to recycle some gardening-related magazines & catalogs? Please drop them off at the Library, so we can make them available during the Plant Swap & Sale.

Beginning Sewing Class: Fabric Pumpkins – Monday, October 8, 6:30 p.m.

Get into the spirit of the autumn season and learn basic sewing techniques at this free class for teens and adults. Registration is required; register online at goo.gl/z1GUqY or call the library at 515-462-1731 to reserve your space. Participants will need to bring to class: one or two pieces of fabric at least 18"x22" (fat quarter size). The library will provide the remaining supplies to make your pumpkin to take home.

Wellness Wednesdays in Winterset –Healthy Eating – Wednesday, October 10, Noon-1 p.m.

Join Missy Anker, Winterset Hy-Vee Dietitian, and learn how to treat your body AND your wallet right. It is possible to lead a healthier lifestyle while trying to save money! A light lunch will be provided by Hy-Vee, so please register in advance so we can have an accurate count of attendees. Go online to goo.gl/ax9oB3 to register or call the library at 515-462-1731 to reserve your space.

Friends of Winterset Library Monthly Meeting – Thursday, October 11, 6:30 p.m.

The Friends of Winterset Library supports the library with generous volunteer and financial support. Join our monthly meeting to discover how you can get involved in the organization and make a difference in the community!

Beginning Sewing Class: Fabric Pumpkins – Monday, October 15, 6:30 p.m. – additional session added!

Get into the spirit of the autumn season and learn basic sewing techniques at this free class for teens and adults. Registration is required; register online at goo.gl/z1GUqY or call the library at 515-462-1731 to reserve your space. Participants will need to bring to class: one or two pieces of fabric at least 18"x22" (fat quarter size). The library will provide the remaining supplies to make your pumpkin to take home.

Remembering the Orphans - Thursday, October 18, 2:00 p.m.

This presentation will summarize the historical era known as the Orphan Train Movement that took place in the US dating 1854-1929. Speaker Lori Vicker is a retired reading specialist who travels the state sharing her interest and enthusiasm for this little known and forgotten era of history. A bibliography will be provided to highlight popular non-fiction and historical fiction for your reading interest. Free - no registration is required.

Art of Hair Series: Braiding 2.0 – Monday, October 22, 6:00 p.m.

Rikki Kissell of Small Town Styles will be at Winterset Public Library for more Art of Hair classes this fall! This class is for those who have mastered French and Dutch braids and would like to learn how to do other fun braids like the fishtails, milkmaid braids, upside-down braids, and other fun

styles. Registration is required; register yourself and a partner to practice. Register online at goo.gl/Pm5Dvb or call the library at 515-462-1731.

Book Discussion – Thursday, October 25, 7:00 p.m. – Before the Fall by Noah Hawley

Join the conversation! New members are always welcome, and we supply copies for you to check out. Leadership for the book group is provided by Rebecca Bock & Tom Brown. Please join us for the discussion, it is free and open to the public.

Future book discussion titles include:

November 29 – America’s First Daughter by Stephanie Dray

December 20 – Being Mortal by Atul Gawande The Residence: Inside the Private World of the White House by Kate Andersen Brower

P.O.W Camps in Iowa & the Midwest – Thursday, November 1, 6:30 p.m.

Iowa had approximately 25,000 German, Italian, and Japanese prisoners of war in two main camps in Algona and Clarinda, in addition to about 17 branch camps. The P.O.W.s worked in the fields; harvesting crops, detasseling corn, working on the farms, and also in canning factories, hemp factories, and the nurseries or southwest Iowa. These P.O.W.s literally saved the crops.

Join us for this informative presentation by Linda McCann. Free – no registration is required.

Ongoing Program for Teens & Adults:

Community Coffee Group – every Friday, 9:00 a.m.

The Community Coffee Group meets on Friday mornings at 9:00 a.m. in the Library’s Meeting Room. It is free and open to the public. Join us for a free cup of coffee and get caught up with others in our community through stories and conversation.

For Children and Families:

Reading with Snoopy: For Early and Hesitant Readers – Saturday, October 6 , 10:00 a.m.-Noon

Local dog lover and trainer Cari Davis is offering the opportunity for kids to read aloud to her dog, Snoopy. Reading with Snoopy is a great drop-in program for children who like animals and reading or who would like to practice their readings skills. Snoopy is great listener and loves children of all ages! Reading with Snoopy will be held in the comfort of the Storytime Room.

Discovery Zone - Wednesday, October 24, 3:30-5:00 pm – Owls

Children in grades Kindergarten through 3rd grade are welcome to join us for stories, snack, and STEAM activities (Science, Technology, Engineering, Art, Math) with the theme of “Owls.” Madison County Naturalist Amy Warnke will talk about owls and we will dissect owl pellets. Space is limited, so registration is required; please call 515-462-1731 or register online at: <https://goo.gl/5eZS2b> .

Footsteps of Carver Explorer Booklet Challenge – through October 20

Visit the Winterset Library, Madison County Chamber of Commerce office, Madison County Historical Museum, or Madison County Extension Office to get your Explorer Booklet! Visit the Carver Park and other locations to explore the story of George W. Carver and his connection to Winterset! Return to

one of the four locations when you have completed the number of required pages to earn a prize. Free family fun!

Ongoing Weekly Youth Programs:

Tiny Tykes – every Tuesday, 10:30 am

Tiny Tykes is a 20-minute early literacy story time with interactive stories, songs, and gentle movements. Children ages birth-2 years old are welcome along with their favorite adult. Siblings are also welcome.

Story Time – every Wednesday, 10:30 am

During our 30-minute Story Time, children will discover books, songs, rhymes, and movement activities while building language and literacy skills and having fun. Children ages 3-5 will enjoy hearing stories, singing, practicing writing, talking, and playing!

Messy Munchkins – every Thursday, 10:30-11:30 am

This high-energy activity is a self-directed, multi-sensory play time that will engage child and caregiver through a variety of educational, social, and fun activities. Please dress accordingly as some activities will be messy! This is a drop-in activity - stay as little or as long as you like!